



G.D.GOENKA PUBLIC SCHOOL

Subject: S.ST

Dated: 5-3-21 (Thursday)

Topic: Studying the Past

This material is not to be printed.

Learning Objective:

1. Dates in history.
2. Understanding the geographical framework.

Dates in History

Historians use chronological sequence for a better understanding and the birth of Jesus has been taken as year Zero.

Dates in history are expressed in BC and AD. With the passage of time ,historians have started to use BCE instead of BC and CE instead of AD.

BC means Before Christ and AD means Anno Domini.

Anno Domini means 'In the year of Lord'.

BCE stands for 'Before the Common Era' and CE stands for 'Common Era.'

- The years expressed in BCE are counted backwards .For example,100 BCE comes before 99 BCE. Thus the years expressed in CE are counted forwards.

For example, 99 CE comes before 100 CE.

The Geographical Framework

Geography has really played an important role in the history of India. Because India is a large country so it has diverse geographical features.

There are high mountains, hot deserts, fertile river valleys and a number of rivers.

The Himalayan mountains act as a natural barrier between India and Central Asia.

The passes in these mountains have acted as routes of contact since ancient times.

They have brought new ideas, habits and customs that have made our culture richer.

The Indus, the Narmada and the Ganga plains;

- These river valleys were the areas where people settled first.
- These rivers provided sufficient water for their needs.
- These were fertile regions to grow crops.
- The rivers also served as a means of transport.