










Self referral form

Dear Dr. Nafeesa Khurshid,

Date_____

I need some help

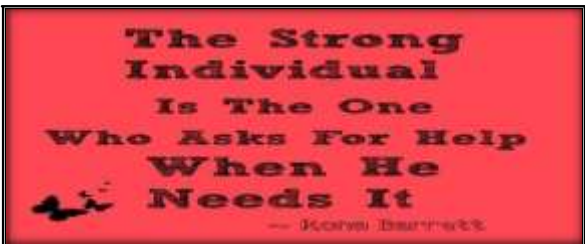
I would like to talk to you about: (colour the relevant)

- My school work  My Homework 
- Myself  My Class 
- My Family  My Friends 
- My Friends  I have good news 
- Something secret 

My name_____I'm studying in Grade_____

My teacher is_____

Please give your consent by signing the form:



Thank You,
Dr Nafeesa Khurshid,
School Counsellor